



# Trash where we learn

## Monitoring waste in educational institutions (nursery, school, university)

Institution name:

Location:

Institution size:

Aim: Eliminating / reducing waste

Action: Divide the investigation into areas in the institution and interaction with the local community. Tick the checklists below as you take action in your institution. Comment on how action is developing, any problems.

Add any other actions you do.

Share with partner institutions to compare and discussion your actions.

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**Ideas for more sustainability, less waste  
(if you can do everything, great. If not, do what you can!)**

Ideas for more sustainability, less waste	comments	status
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Shared car journey for the teachers (1 picks 3-4 people who live nearby and they share the petrol expenses)		
Bonuses for people cycling/using the public transportation?		

<b>Bathroom:</b>		
Soap bars (package-free from retailers)		
Cloth towels instead of paper towels (may have hygiene regulation issue)		
Toilet paper in bulk (contact wholesaler for potential packaging in paper)		

<b>Hallway:</b>		
Cloth overshoes instead of plastic ones		

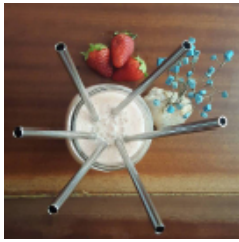


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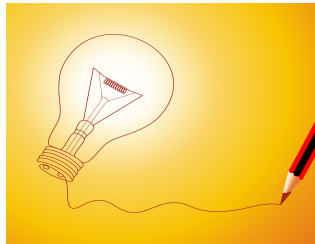
<b>Kitchen:</b>		
- For the teachers- loose leaf tea, cloth towels, honey/sugar in jars		
- Coffee machine with ground coffee		
- Dishwashing liquid in a glass jar (from retailer)		
- Keep a few cloth bags in case something unexpected needs to be purchased		
- Keep a few reusable food containers too for the lunch break, in case the teachers/children need takeaway food		
- Get a water filter jug instead of mineral water in plastic bottles		
- For teachers' use individual water bottles/thermos flasks instead of mugs every time one gets thirsty		
- They can also use the water bottles/thermos flasks as cups when purchasing fresh juices, tea and coffee outside		
- Keep some stainless steel straws too (for toddlers or fans of smoothies/fresh juices), you may have to specifically ask for a drink without a straw when buying a fresh juice/smoothie outside		
- Handkerchiefs instead of paper tissues		
- Keep some metal cutlery too and encourage people to take it if they're planning to eat outside		
- Bee's wax wrap for wrapping any leftover food		
- Composting for food leftovers		



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Children:		
- Food in reusable food containers or bee's wrap to save space in the backpack		
- Carry metal cutlery + straws		
- Cloth napkin		
- Handkerchief		
- Fountain pens		
- Individual water bottles/thermos flasks		



Classroom:		
- Encourage painting on the computer using the program paint (if possible) instead of on paper sheets		
- Purchase whatever stationary you can in bulk (paper clips, sticky notes, markers)		
- Print on both sides of each sheet		
- Use recycled paper for printing		
- LED lightbulbs-100% recyclable with a longer life span of 11 years each		
- Switch of electronic equipment when not in use		
- Enable saving mode on all devices		
- Use old mugs/jars instead of plastic pen containers		
- Decorate with fabric instead of plastic when there is an occasion		
- Metal rulers		
- Notebooks made of recycled paper or encourage digi notes		
- Folders made of recycled paper		
- Stainless steel scissors		
- Paper tape instead of plastic		
- Metal pencil sharpeners		
- Zero-waste hero table with rewards for both children and teachers		
- Coloring digital exercises instead of coloring books		

Please add your own:		

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